



# Special Foods Contest

Thursday, June 13th, 2024  
Yankton County 4-H Office  
10:00 a.m.

Name: \_\_\_\_\_ 4-H Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ County: \_\_\_\_\_

Email: \_\_\_\_\_

Special Foods Product: \_\_\_\_\_

Need: Stove Top \_\_\_\_\_ Oven Temp \_\_\_\_\_ Microwave \_\_\_\_\_ Outlet \_\_\_\_\_

The Cloverbud Contest is an opportunity for the cloverbuds to compete in special foods. They will have 1 hour to make their food item. Someone will be available to aid them and answer questions and or make suggestions on what they can do to get better.

Go online to find more information and the necessary worksheets at <http://yankton4h.com/youth-in-action-events/> or follow the below links.

[Special Foods Handbook](#)

[Special Foods State Fair Contestant Packet](#)

[Choose my plate Daily Food Plan](#)

[Senior only-Cost Per Serving Worksheet](#)

**South Dakota 4-H**



Please return this form to:  
Yankton County 4-H  
901 Whiting Drive  
Yankton, SD 57078 or  
email your information to:  
yankton.county@sdstate.edu  
A schedule will be  
emailed after the  
registration deadline.

**Registration Deadline is**  
**June 6th, 2024**

**\*\*Note:** We will add an afternoon session if it is needed. It will be a first come first serve basis\*\*



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