

Year _____

Designate the area in which your record book should be judged

FCS AG



YANKTON COUNTY
4-H MEMBER'S ANNUAL REPORT
4-H YEAR _____ to _____



Name _____

Address _____ Zip _____

Date of Birth _____ Age (on January 1 of current club year) _____

County _____ Years in 4-H (include present year) _____

Parent's/Guardian's Name _____

Check all that apply:

_____ a member of a 4-H club

_____ a member of a secondary 4-H club

_____ a 4-H Junior Leader

_____ an individual (4-H member at large)

My Primary 4-H club is _____

My Secondary 4-H club is _____

Primary Club Adult Leaders _____

Primary Club Youth Leaders

President _____ Vice President _____

Secretary _____ Treasurer _____

Reporter _____ Office _____

Other Primary 4-H Club Members

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

My 4-H Goals

Setting goals is simply deciding what you want to learn and do. Having goals is like a road map. It is a tool that helps you plan how to get to where you want to go. In 4-H we talk about setting both Personal Goals and Project Goals. These goals should be written at the beginning of the 4-H year and recorded in your 4-H Record Book.

Personal Goals

Personal Goals help you think about what you can do to become a better person. When writing Personal Goals, consider such things as:

- Meet new friends
- Attend 4-H Camp or State Conference
- Learn the 4-H Pledge
- Be a better listener
- Give an educational presentation
- Sit quietly at 4-H meetings
- Start early on your Record Book.

Project Goals

Project goals should be written for the project areas you are enrolled. Project Goals help you think about what you want to do within the project area. Some examples could be:

- Visual Arts - Learn about the Elements of Design and Art Principles
- Food & Nutrition - Learn how to run small appliances
- Photography - Learn about the rule of thirds
- Beef - Train your market beef to lead
- Woodworking - Learn about different types of wood

How to Write a Goal

Goals have three parts that can be measured or checked. Think about the three parts of a measurable goal:

- 1) **the action:** *how* you are going to do it;
- 2) **the result:** *what* you will do;
- 3) **the timetable:** *when* you plan to have it done.

For example, for the goal, "I want to train my 4-H market heifer to lead before county fair," **I want to train** is the **action** portion of the goal. What a 4-H'er intends to do is the **result** -- **my 4-H market heifer to lead**. When is the **amount of time** it will take to complete the goal -- **before county fair**.

Control Test

If you are not certain that you can carry out a goal easily, you can give it a control test. Do **YOU** have control over what you want to do? Does the action part of your goal tell what you will do? You have control over a goal such as "I will learn to put in a hand sewn hem." However, if the action mentioned in the goal is what someone else will do, it does not pass the control test.

The goal statement, "I will have a champion steer at the Cass County Fair does not pass the control test because the judge provides the action that decides whose steer will be the champion.

Do your goals pass the control test?

Sometimes goals change during the year. That's okay! Maybe you couldn't go to camp like you wanted to because your family was on a vacation. Or maybe it wasn't possible to take your dog to obedience training because she had puppies. Just write about why your goals changed in your 4-H story or Year in Review. Not everything we plan turns out the way we had planned. Explain why, and set some new goals for next year.

My 4-H Personal Goals (make sure to include the action, the result, and the timetable)

My 4-H Project Goals (make sure to include the action, the result, and the timetable)

My Club's Personal and Project Goals (make sure to include the action, the result, and the timetable)

4-H Meetings/Activities

During the year, I will make brief notes about my plans and my responsibilities and accomplishments at 4-H club meetings, project meetings and activities. Indicate what meetings you attended by placing a check mark (✓) in the month column. Include a brief description about what was done or discussed at each meeting, along with your responsibilities at each meeting.

Month	Club Meetings	Other Activities this Month
October		
November		
December		
January		
February		
March		
April		
May		
June		
July		
August		
September		

I did the following in my club (L), county (C), or state (S) this year.
(check the ones you did, and indicate the number if done more than one time).

_____ 1. First year members: I learned the 4-H pledge.

_____ 2. I was host or hostess for our club.

_____ 3. I led the pledges at our meeting.

_____ 4. I went to ____ 4-H Camp ____ Teen Camp ____ 4-H Conference ____ Performing Arts

_____ 5. I was elected _____ of our club.

_____ 6. I participated in the following Junior Leaders activities:

_____ 7. I served on the following committees:

_____ 8. I helped with the following community service projects (remember the Food Stand, 4-H Supper, Fiddler Contest, and Soup Kitchen do not count as they are fund raisers):

_____ 9. I promoted 4-H in the following ways:

_____ 10. I was involved in church, school, and community activities other than 4-H. (list)

Signed _____
4-H Club Member Date

Signed _____
4-H Parent/Guardian Date
Signature pertains to completion of these records!